

**BELL SCHEDULE:**

8:38 a.m. Warning Bell  
 8:48 a.m. 1<sup>st</sup> Period Begins (96 min.)  
 10:24 a.m. 1<sup>st</sup> Period Ends  
           BREAK (15 min.)  
 10:34 a.m. Warning Bell  
 10:39 a.m. 2<sup>nd</sup> Period Begins (96 min.)  
 12:15 p.m. 2<sup>nd</sup> Period Ends  
           LUNCH BREAK (45 min.)  
 12:55 p.m. Warning Bell  
 1:00 p.m. 3<sup>rd</sup> Period Begins (63 min.)  
 2:03 p.m. 3<sup>rd</sup> Period Ends  
           BREAK (7 min.)  
 2:10 p.m. 4<sup>th</sup> Period Begins (63 min.)  
 3:13 p.m. 4<sup>th</sup> Period Ends

**BLOCK ROTATION:**

Monday	Tumble 1 Day 1	1, 2, 3, 4
Tuesday	Tumble 2 Day 2	2, 1, 4, 3
Wednesday	Tumble 3 Day 1	3, 4, 1, 2
Thursday	Tumble 4 Day 2	4, 3, 2, 1
Friday	Tumbles & Days rotate	

**STUDENT TIMETABLE (Gr. 9 – 12)**

PERIOD/DAY	MONDAY Tumble 1 Day 1	TUESDAY Tumble 2 Day 2	WEDNESDAY Tumble 3 Day 1	THURSDAY Tumble 4 Day 2	FRIDAY Tumbles & Days Rotate
8:48 – 10:24 (96 min)	1	2 (Gr. 8 Rotation)	3	4	
10:24 – 10:39 (15 min)	BREAK				
10:39 – 12:15 (96 min)	2 (Gr. 7 Rotation)	1	4	3	
12:15 – 1:00 (45 min)	LUNCH				
1:00– 2:03 (63 min)	3	4	1	2 (Gr.8 Rotation)	
2:03 – 2:10 (7 min)	BREAK				
2:10 – 3:13 (63 min)	4	3	2 (Gr.7 Rotation)	1	

**We will be incorporating regular focus time into our schedule for 2023-24.**  
**Details to follow in September.**